

## Make your health a priority



### Get your flu shot and other routine vaccines

#### Flu shots

The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), one of the best ways to prevent the flu is by getting vaccinated each year.<sup>1</sup> The CDC recommends a yearly flu vaccine for everyone 6 months of age and older as the first and most important step in protecting against this serious disease.<sup>2</sup>

#### Routine vaccines

You can also keep yourself and your family members healthy with routine vaccines that prevent illnesses like tetanus, pneumonia and shingles. Routine vaccines are available on most plans, and can help you and your family maintain better overall health.

#### Easy access to flu shots and other vaccines

MedalistRx™ contracts with a variety of national pharmacy chains to provide members with easy access to flu shots and other routine vaccines. Plus, members get the highest level of benefit coverage (100% for many plans) for vaccines obtained from contracted pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.<sup>3</sup>

Many vaccines can be obtained on a walk-in basis by presenting your ID card at the time of service. Members should review their benefit plan to determine coverage for vaccines.



Many vaccines can be obtained on a walk in basis. Show your OptumRx ID card before getting your flu shot or vaccine. Most OptumRx plans cover routine vaccines at 100% when you use network pharmacies.

See the pharmacy list on page 2.

## Retail Pharmacies

This list represents the larger retail chain pharmacies in our network, but is not the full list. For a more complete list, you can visit us [www.medalistrx.com](http://www.medalistrx.com) or call the number on your health plan or ID card. Pharmacists administer the vaccines at these locations.

- [Ahold USA](#) (Giant Food Stores, Giant of Maryland, Stop and Shop Supermarkets, Ukrop's Super Markets)
- [Albertsons](#)
- [CVS Pharmacy](#)
- [Four B Corporation](#) (Hen House, Price Chopper)
- [H-E-B Pharmacy](#)
- [Hy-Vee Pharmacy](#)
- [Kmart Pharmacy](#)
- [K-VA-T Food Stores, Inc.](#) (Food City)
- [Marsh Drugs LLC](#)
- [Meijer Pharmacies](#)
- [Publix](#)
- [Roundys](#) (Pick'n Save, Copps, Rainbow, Metro Market, Mariano's)
- [Safeway Affiliated Pharmacies](#) (Carrs, Pavilion's, Randalls, Safeway, Tom Thumb, Vons)
- [Shopko Stores](#)
- [SUPERVALU Affiliated Pharmacies](#) (BIGGS, Osco, Sav-On, Shaw's Supermarket)
- [Thrifty White Pharmacy](#)
- [Tops Markets](#)
- [Walgreens Pharmacy \(Duane Reade\)](#)
- [Walmart Pharmacy](#)
- [Wegmans](#)

## Routine vaccines<sup>1</sup>

Most of the following routine vaccines are available at pharmacies that participate in the Vaccine Immunization/Injection Network administered by MedalistRx™.

Age restrictions or limitations may apply. Check with your network pharmacy for specific age, flu shot and vaccine requirements.

Flu Shots		
Flu (Influenza)		
Afluria	Fluzone ID Quad	Flulaval Quad
Afluria Quad	Fluzone Quad (pediatric dose)	Fluzone Quad
Fluvirin	Flucelvax Quad	Flublok
Fluzone HD	Fluarix Quad	
Routine Adult Vaccines		
Hepatitis A (Adult and Pediatric)		
Havrix	Vaqta	
Hepatitis B (Adult and Pediatric)		
Engerix-B	Recombivax-HB	
Human Papilloma Virus (HPV) – Vaccine prevents cervical cancer		
Cervarix	Gardasil	Gardasil 9
Measles, Mumps, Rubella - MMR-II		
Meningococcal - Vaccine prevents meningitis Groups A, C, Y and W-135		
Menactra	Menomune	Menveo
Meningococcal - Vaccine prevents meningitis Group B		
Bexsero	Trumenba	
Pneumococcal – Vaccine prevents pneumonia		
Prevnar13		
Pneumovax 23		
Tdap – Vaccine prevents tetanus, diphtheria, pertussis		
Adacel	Boostrix	
Tetanus Diphtheria - TD		
Tenivac		
Tetanus toxoid		
Varicella – Vaccine prevents chicken pox		
Varivax		
Zoster – Vaccine prevents shingles		
Zostavax		



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Ask your employer or check your plan documents for your plan's specific coverage details.

Not all vaccines on this list are available at all network pharmacies. Contact your local network pharmacy to confirm vaccine availability.

1 Sources: <http://www.cdc.gov/flu/>  
 2 [www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination](http://www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination)  
 3 There may be some instances where a particular location for one of the vaccine providers is not participating in the national MedalistRx Vaccine Immunization/Injection Network.  
 4 Not all vaccines on this list are available at all participating pharmacies. Members should contact their participating pharmacy of choice to confirm vaccine availability.  
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 log in to [optumrx.com](http://optumrx.com)  
 or call the number on  
 your ID card.**